



Arlene's November 2025 K-8 Lunch Menu

<p>3 <u>Chicken Tenders</u> WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Apple Crisps (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>4 <u>Meatballs & Mashed Potatoes</u> Meatballs (6 = 2m) 13 Mashed Potatoes (3/4c) 24 Beef Gravy 4 WG Roll (1wg) 16 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>5 <u>Pancakes & Sausage</u> Turkey-Sausage Links (2 = 2m) 1 Eggo Pancakes (2 = 2wg) 30 Syrup Cup 29 Sliced Cucumbers (3/4c) 3 Watermelon (1/2c) 11 Choc/White Milk (1c) 19/13</p>	<p>6 <u>Spaghetti & Meatballs</u> Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>7 <u>Turkey Pepperoni Pizza</u> Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Graham Crackers (0.5wg) 11 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>
<p>10 <u>Chicken Nuggets</u> WG Chicken Nuggets (5 = 2m, 1wg) 13 Corn (3/4c) 21 WG Roll (1wg) 16 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>11 <u>Taco Tuesday</u> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Cantaloupe (1/2c) 13 Choc/White Milk (1c) 19/13</p>	<p>12 <u>Orange Chicken w Rice</u> Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>13 <u>Chicken Pasta Alfredo</u> Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Broccoli (3/4c) 5 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>14 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Bear Cracker (1wg) 21 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>
<p>17 <u>Chicken Chili Taquito</u> Chicken Taquito (1=2m,2wg) 24 Green Beans (3/4c) 6 Graham Crackers (0.5wg) 11 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13</p>	<p>18 <u>Burrito Bowl</u> Turkey Crumbles (2m) 0 Rice (1/2c = 1oz) 29 Black Beans (1/2c) 45 Cheddar Cheese (1m) 0 Salsa Cup (1/4c) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>19 <u>Thanksgiving Dinner</u> Roast Turkey & Gravy (2m) 4 Mashed Potatoes (3/4s) 12 WG Roll (1wg) 16 Turkey Treat 17 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>20 <u>Meatball Sub</u> Meatballs (6 = 2m) 8 Marinara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Goldfish Crackers (1wg) 14 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>21 <u>Turkey Pepperoni Pizza</u> Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Graham Crackers (0.5wg) 11 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>24 <u>Chicken Nuggets</u> WG Chicken Nuggets (5 = 2m, 1wg) 13 Green Beans (3/4c) 6 Goldfish Crackers (1wg) 14 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>25 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Bear Cracker (1wg) 21 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>Thanksgiving Break</p> <p>-----></p>		
<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.</i></p>		<p><i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i></p>		

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MENU SUBJECT TO CHANGE
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER